SESSION EIGHT
LISTENING BARRIERS AND SKILLS

Pre-Assessment

The goal in this pre-assessment is to have student leaders begin to think about their personal listening style and how it impacts their organization.

Facilitator Instructions
Please read all directions thoroughly and use the Pre and Post Assessment in measuring the student leader’s attainment of all knowledge and skills. Please note that the teaching curriculum is meant to be adapted for each individual student group.

Participant Instructions
Communication and listening styles are just as unique as the individual communicating.
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Post Assessment

The goal in this post assessment is to see if students are able to recognize and partake in effective listening skills.

Facilitator Instructions
Please read all directions thoroughly and use the Pre and Post Assessment in measuring the student leader’s attainment of all knowledge and skills. Please note that the teaching curriculum is meant to be adapted for each individual student group.

Trainee Instructions
1. Divide the students into two groups.
2. Have one small group form an inner circle with the second group becoming an outer circle.
3. Ask the students in the inner circle to discuss examples from their experiences of when “actions spoke louder than words.”
4. While the inner group is discussing, have the outer group observe the listening skills of inner-circle members. There is no right or wrong answers.
5. Have the inner and outer circle switch roles and repeat the same activity.
6. After the activity is complete, have the group come together to discuss what they saw during the conversation. Try to ask questions like: where you able to identify any listening barriers? What was the main purpose of your speaker’s message? Were you able to listen effectively, why or why not? Do you feel you know how to listen effectively in the future?