



Student Name: _____

ACE Appt Date & Time:
(Session 1) _____

Your Academic Plan

By creating your *Academic Plan*, you will map out what it will take for YOU to be a successful student and your specific plans for getting there.

Your Academic Plan Involves:

- Determining why you are in college, your experience with academics, and the resources available to you;
- Determining your academic strengths and areas of improvement;
- Taking the Learning and Study Strategies Inventory (LASSI);
- Discussing your LASSI results with an ACE Academic Success Coach;
- Developing a plan for meeting with each of your professors;
- Developing a plan for meeting with your Academic Advisor; and
- Developing concrete goals related to your academic success at USC



Student Agreement:

I agree to use the strategies I have mapped out in my *Academic Plan*. I have a clear understanding of what I need to do to be academically successful at the University of South Carolina. If I have any questions or need further assistance, I will be sure to follow-up with my ACE Coach.

Student Signature: _____ Date: _____

Student Printed Name: _____

Academic Plan certified as complete:

ACE Coach Signature: _____ Date: _____

ACE Coach Printed Name: _____

Returning Appts: Session 2: _____ Session 3: _____ Other: _____

ACE Coach Initials: _____

About Me

Phone: _____ Email: _____ ID/SSN: _____

Gender: Male Female Current Major: _____ Home State: _____

Russell House Box # _____ Year at USC : Fr So Jr Sr Other _____

Which of the following do you have? Scholarships Financial Aid Neither
Have you met with your Academic Advisor? Yes No
Have you changed majors? Yes No
Are you a transfer student? Yes No
Are you the first person in your family to attend college? Yes No
Are you living on campus? Yes No

Difficulties Experienced / Concerns: [Check all that apply]

- | | |
|---|---|
| <input type="checkbox"/> Academically Under-prepared | <input type="checkbox"/> Over Involvement in Activities |
| <input type="checkbox"/> Alcohol | <input type="checkbox"/> Poor Time Management Skills |
| <input type="checkbox"/> Drugs | <input type="checkbox"/> Relationship Problems |
| <input type="checkbox"/> Changing Major | <input type="checkbox"/> Roommate Problems |
| <input type="checkbox"/> Difficulties w/ Professor | <input type="checkbox"/> Took Too Many Credit Hours |
| <input type="checkbox"/> Failed to Attend Class | <input type="checkbox"/> Transfer Student |
| <input type="checkbox"/> Family Crisis | <input type="checkbox"/> Adult Student |
| <input type="checkbox"/> First Generation College Student | <input type="checkbox"/> Victim of Crime |
| <input type="checkbox"/> Homesickness | <input type="checkbox"/> Worked too Many Hours |
| <input type="checkbox"/> Illness | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Document Learning Disability | _____ |
| <input type="checkbox"/> Non-native speaker | |

I have used the following resources at the University of South Carolina to help me become a successful student: [Check all that apply]

- | | |
|--|---|
| <input type="checkbox"/> Academic Advisor | <input type="checkbox"/> Financial Aid |
| <input type="checkbox"/> ACE (Academic Centers for Excellence) | <input type="checkbox"/> Library |
| <input type="checkbox"/> Career Center | <input type="checkbox"/> Math Center |
| <input type="checkbox"/> Counseling & Human Development Center | <input type="checkbox"/> Supplemental Instruction |
| <input type="checkbox"/> Student Disability Services | <input type="checkbox"/> Writing Center |
| <input type="checkbox"/> Student Assistance Program | <input type="checkbox"/> Tutoring: _____ |
| | <input type="checkbox"/> Other: _____ |

About Me

It is helpful to reflect on your personal situation as you begin to develop a clear plan for academic success at the University of South Carolina.

I was motivated to pursue a college degree because:

How I plan on using my college degree after graduation:

Things I find challenging in college include:

My Study Habits

Generally I study _____ (time) a day. Generally I study _____ times per week.

In the future I plan to study: _____ a day and _____ times per week.

In what kind of settings (i.e. locations, lighting, desk, etc.) do you feel you do your most productive studying?

Members of my support network that are available to assist me in becoming a successful student at the University of South Carolina (friends, family members, classmates, employers, professor, staff member, advisor, etc.) include:

What has been your best experience as a student at the University of South Carolina?

My Academic History

Think about the courses you have taken. Which of those did you really enjoy? In which ones did you do well? In which ones could you have improved? What factors contributed to your success, enjoyment or performance? Use this worksheet to highlight three of the courses in each category.

Print your *Record of Academic Work* (transcript) from VIP, under the Academics tab, to help with this section. Bring the transcript to the meeting with your ACE Coach.

Courses In Which I Did Well or Enjoyed the Most		
Course / Grade	Factors that contributed to my success	Strategies I used in this course that I should use again
Courses In Which I Could Have Improved		
Course / Grade	Factors that contributed to the lower grade	What I could have done to improve my grade

The LASSI and ACE

The LASSI (Learning and Study Strategies Inventory) is a 10-scale, 80-item assessment of students' awareness about and use of learning and study strategies such as Motivation, Anxiety, Concentration, and Time Management.

1 - Take the LASSI online at www.sc.edu/ACE and click on “Resources”

The assessment takes approximately 10-20 minutes to complete.

2 - Choose three scores that stood out to you the most and describe why you feel this may be a strength or weakness:

LASSI Scale	Description/Reflection

3 - During a second meeting with an ACE academic success coach, you will receive a full interpretation of your scores and general academic skills assistance.

4 - Schedule a follow-up appointment with your ACE coach or online at: www.sc.edu/ACE and click on “appointments”

Coach Notes & Strategy Suggestions:

Meeting with my Academic Advisor Plan

Every student who visits ACE will know his/her Advisor's contact info, or be familiar with the Advising process in their department/college. Your ACE Coach can help you with this process.

Advisor Name:	Phone Number:
School/ College:	Email Address:
Office location:	Advisor webpage:

Academic Map

Fill out the following tables mapping out your course load for the next two semesters:

Semester _____	Classes

Semester _____	Classes

With your ACE Coach, brainstorm some potential questions to ask your Advisor:

-
-
-
-
-
-

ACE Coach use:	ACE Coach Initials _____
<input type="checkbox"/> Student knows who their academic advisor is and has his/her contact information <input type="checkbox"/> Student knows when to register for classes; (if applicable) <input type="checkbox"/> Student knows classes required for his/her major (See Major Checksheet or Academic Bulletin) <input type="checkbox"/> Student has mapped his/her next two semesters of coursework <ul style="list-style-type: none"> ○ If student is interested in changing his/her major, distribute <i>Change of Major</i> form 	

Meeting with My Professors Plan

Much of your academic experience in college is focused on the time you spend in class. Getting to know your professors is a **MUST** for students who want to do well.

1 – Log into VIP and print a copy of your recent class schedule. *Note, if you have not registered for classes or do not yet know the names of your professors, fill out the course information for the classes your *plan* to take next.

2. – Complete the following plan with your ACE Coach to determine a plan for meeting your professors. Visit your professor’s webpage to get ideas for questions and to explore his/her interests and background. The ACE Resources page also has a list of potential questions to ask your professor.

Complete the following chart about your contact with professors.

Course	Professor and Contact Info	Potential Date of Meeting	Topics to Discuss

3 - Contact each of your professors this semester to introduce yourself. Try to gain a better understanding of what is required in the class and what you need to do to guarantee your successful completion. Most professors provide their contact information on the first page of the class syllabus.

ACE COACH USE ONLY:

Out-to-Lunch program referred for: _____
(Professor’s Name here)

Coach Notes:

Mapping My Goals for Academic Success

Examine the courses are you taking this semester (or the next one in which you will enroll) and complete this chart.

Course	Realistic grade I hope to earn	Specific study skills I will need in this class	Resources on campus

GPA improvement calculator, found on: www.sc.edu/ACE and click on “resources”

GPA PROJECTION	
Student’s current overall USC system GPA	
To improve your GPA to a	
The student must earn this amount of credits	
Must earn this GPA	

* ACE Coach, please remember to use the number in the “HC” column in the “USC System” row on the transcript under “Undergraduate Totals” (last page of transcript).

My Overall Goals

Develop three goals here, including how you will achieve these and by what date.

Goal #1	
How I will achieve this:	
Deadline:	

Goal #2	
How I will achieve this:	
Deadline:	

Goal #3	
How I will achieve this:	
Deadline:	

Congratulations! You have documented what it will take for YOU to be successful.

ACE Coach USE ONLY

ACE Coach Name: _____ Date _____

ACE Location: _____

If student going through the Academic Recovery Process, please indicate through with department:

- Academic Standards/Registrar
- Financial Aid Appeal/Satisfactory Academic Progress
- Journalism

Other student population: _____

Student Preparation/Response:

- Student arrived to appointment on time Yes No Time: _____
- Completed Academic Plan prior to ACE appointment Yes No N/A
- Brought LASSI scores Yes No N/A
- Brought Transcript Yes No N/A
- Student was receptive to strategies /session Yes No Moderate

Coach Session Notes:

Coach Referral/ Academic and Student Support Resources

- Academic Centers for Excellence (ACE)**
<http://www.sc.edu/ACE>
Locations: Bates House, Columbia Hall,
Sims, SSC/ Thomas Cooper Library
777-5430
- Career Center**
<http://www.sc.edu/career/>
H. William Close Building (BA)
6th Floor (on Barnwell St. and College St.)
777-7280
- Counseling & Human Development Center**
<http://www.sa.sc.edu/chdc/>
Byrnes Building, 7th floor
(on Sumter St./ near the Horseshoe)
777-5223
- Student Disability Services**
<http://www.sa.sc.edu/dss/>
LeConte College, Room 106
(near Pickens St. and Greene St.)
777-6142
- Mathematics Center**
<http://www.math.sc.edu/mathlab.html>
(near Pickens St. and Greene St.)
LeConte 105
777-4713
- Office of Pre-Professional Advising**
<http://sc.edu/oppa/>
208 Sumwalt College
(corner of Sumter St. and Greene St.)
777-5581
- Sexual Health & Violence Prevention**
<http://www.sa.sc.edu/wellness/sas.html>
Student Health Center lower floor
(behind Russell House)
777-8248
- Office of Student Financial Aid**
<http://www.sc.edu/financialaid/>
1714 College Street
(across from the BA building)
777-8134
- Student Success Center**
Supplemental Instruction & Tutoring
<http://www.sa.sc.edu/ssc/>
Thomas Cooper Library Mezzanine Level
- Writing Center**
<http://www.cas.sc.edu/write/>
Humanities Classroom Building, Room 014.
(near the bridge over Pickens St.)
777-2078